

Bronnen

INLEIDING

- Anxiety and Depression Association of America (n.d.). Women and depression. Via <https://adaa.org/find-help-for/women/depression>.
- Walter, K. (2022). *What is migraine?* JAMA, 327(1), 93.
- Kronzer, V. L., Bridges Jr, S. L., & Davis III, J. M. (2021). Why women have more autoimmune diseases than men: An evolutionary perspective. *Evolutionary Applications*, 14(3), 629–33.
- Lockard, C. A. (2014). *Societies, Networks, and Transitions: A Global History*. Cengage Learning, 88–9.
- Darwin, C. (1896). *The Descent of Man and Selection in Relation to Sex*. D. Appleton and Company.
- Bergman, G. (2002). The history of the human female inferiority ideas in evolutionary biology. *Rivista di biologia*, 95(3), 379–412.
- City News Publishing Company (1969). *Vital Speeches of the Day 1968–1969*, 35(3), 90.
- Hunnicutt, G. (2009). Varieties of patriarchy and violence against women: Resurrecting ‘patriarchy’ as a theoretical tool. *Violence Against Women*, 15(5), 553–73.

HOOFDSTUK 1: JE WORDT GEGASLIGHT

Pregnant Then Screwed (19 jul. 2023). 1 op de 61 zwangere vrouwen zegt dat hun baas weleens heeft geïnsinueerd dat ze een abortie moeten laten uitvoeren. Via <https://pregnantthenscrewed.com/1-in-61-pregnant-women-say-their-boss-insinuatedthey-should-have-an-abortion/#:-text=A%20new%20study%20from%20Pregnant,a%20negative%20or%20discriminatory%20experience>.

HOOFDSTUK 2: WAT WOEDE MET ONS LICHAAM DOET

- Blair, R. J. R. (2012). Considering anger from a cognitive neuroscience perspective. *Wiley Interdisciplinary Reviews: Cognitive Science*, 3(1), 65–74.
- Schachter, S., & Singer, J. (1962). Cognitive, social, and physiological determinants of emotional state. *Psychological Review*, 69(5), 379.
- Nemeroff, C. B. (2020). The state of our understanding of the pathophysiology and optimal treatment of depression: Glass half full or half empty? *American Journal of Psychiatry*, 177(8), 671–85.
- Chen, L., Deng, H., Cui, H., Fang, J., Zuo, Z., Deng, J., ... & Zhao, L. (2018). Inflammatory responses and inflammation-associated diseases in organs. *Oncotarget*, 9(6), 7204–18.
- Punchard, N. A., Whelan, C. J., & Adcock, I. (2004). *The Journal of Inflammation*, 1, 1.
- Tanaka, Y. (2020). Rheumatoid arthritis. *Journal of Inflammation and Regeneration*, 40, 20.
- Castle, R., Bushell, W. J., Mills, P. J., Williams, M. A., Chopra,

- D., Rindfleisch, J. A. (12 okt. 2021). Global Correlations Between Chronic Inflammation and Violent Incidents: Potential Behavioral Consequences of Inflammatory Illnesses Across Socio-Demographic Levels. *International Journal of General Medicine*, 14:6677-6691. doi: 10.2147/IJGM.S324367. PMID: 34675629; PMCID: PMC8520436.
- Coussens, L. M., Werb, Z. (2022). Inflammation and cancer. *Nature*. Dec. 19-26; 420(6917):860-7. doi: 10.1038/natureo1322. PMID: 12490959; PMCID: PMC2803035.
- Euesden, J., Danese, A., Lewis, C. M., & Maughan, B. (2017). A bidirectional relationship between depression and the autoimmune disorders – New perspectives from the National Child Development Study. *PLoS One*, 12(3), e0173015.
- Coussens, L. M., & Werb, Z. (2002). Inflammation and cancer. *Nature*, 420(6917), 860-7.
- Perozzo, P., Savi, L., Castelli, L., Valfrè, W., Lo Giudice, R., Gentile, S., ... & Pinessi, L. (2005). Anger and emotional distress in patients with migraine and tension-type headache. *The Journal of Headache and Pain*, 6, 392-9.
- Grosse, L., Ambrée, O., Jörgens, S., Jawahar, M. C., Singhal, G., Stacey, D., ... & Baune, B. T. (2016). Cytokine levels in major depression are related to childhood trauma but not to recent stressors. *Psychoneuroendocrinology*, 73, 24-31.
- Huis in't Veld, E. M. J., Van Boxtel, G. J., & de Gelder, B. (2014). The Body Action Coding System I: Muscle activations during the perception and expression of emotion. *Social Neuroscience*, 9(3), 249-64.
- Shaygan, M., Saranjam, E., Faraghi, A., & Mohebbi, Z. (2022). Migraine headaches: The predictive role of anger and emotional intelligence. *International Journal of Community Based*

- Nursing and Midwifery*, 10(1), 74–83.
- Staicu, M. L., & Cuțov, M. (2010). Anger and health risk behaviors. *Journal of Medicine and Life*, 3(4), 372–5.
- Lehrer, P. (2006). Anger, stress, dysregulation produces wear and tear on the lung. *Thorax*, 61(10), 833–4.
- Wager, T. D., Atlas, L. Y., Lindquist, M. A., Roy, M., Woo, C. W., & Kross, E. (2013). An fMRI-based neurologic signature of physical pain. *New England Journal of Medicine*, 368(15), 1388–97.
- Yarns, B. C., Cassidy, J. T., & Jimenez, A. M. (2022). At the intersection of anger, chronic pain, and the brain: A mini-review. *Neuroscience & Biobehavioral Reviews*, 135, 104558.
- Omoigui, S. (2007). The biochemical origin of pain: the origin of all pain is inflammation and the inflammatory response. Part 2 of 3 – inflammatory profile of pain syndromes. *Medical Hypotheses*. 69(6):1169–78. doi: 10.1016/j.mehy.2007.06.033. Epub 28 Aug. 2007 PMID: 17728071; PMCID: PMC2771434.
- Fleming, M. A. 2nd, Ehsan., L, Moore, S. R., Levin, D. E., (8 sep. 2020). The Enteric Nervous System and Its Emerging Role as a Therapeutic Target. *Gastroenterol Res Pract*. 2020:8024171. doi: 10.1155/2020/8024171. PMID: 32963521; PMCID: PMC7495222.
- Han, Y., Wang, B., Gao, H., He, C., Hua, R., Liang, C., ... & Xu, J. (2022). Vagus nerve and underlying impact on the gut microbiota-brain axis in behavior and neurodegenerative diseases. *Journal of Inflammation Research*, 15, 6213–30.
- Carabotti, M., Scirocco, A., Maselli, M. A., & Severi, C. (2015). The gut–brain axis: Interactions between enteric microbiota, central and enteric nervous systems. *Annals of Gastroenterology: Quarterly Publication of the Hellenic Society of Gastroenterology*, 28(2), 203–9.

- Mento, C., Rizzo, A., Muscatello, M. R. A., Zoccali, R. A., & Bruno, A. (2020). Negative emotions in skin disorders: A systematic review. *International Journal of Psychological Research*, 13(1), 71–86.
- Altınöz, A. E., Taşkintuna, N., Altınöz, S. T., Ceran, S. (31 sep. 2014). A cohort study of the relationship between anger and chronic spontaneous urticaria. *Adv. Ther.* (9):1000–7. doi: 10.1007/s12325-014-0152-6. Epub 2014 Sep 11. PMID: 25209876.
- Hughes, O., Hunter, R. (17 maart 2022) Understanding the experiences of anger in the onset and progression of psoriasis: A thematic analysis. *Skin Health and Disease* 2(4):e111. doi: 10.1002/ski2.111. PMID: 36479265; PMCID: PMC9720208.

HOOFDSTUK 4: HET IS EEN MEISJE!

- Zemach, I. K., & Teller, D. Y. (2007). Infant color vision: Infants' spontaneous color preferences are well behaved. *Vision Research*, 47(10), 1362–7.
- Rippon, G. (2019). *The Gendered Brain*. Vintage.
- Eliot, L. (2012). *Pink Brain, Blue Brain*. Oneworld Publications.
- Lumley, M. A., Cohen, J. L., Borszcz, G. S., Cano, A., Radcliffe, A. M., Porter, L.S., ... & Keefe, F. J. (2011). Pain and emotion: A biopsychosocial review of recent research. *Journal of Clinical Psychology*, 67(9), 942–68.
- Hatch, J. P., Schoenfeld, L. S., Boutros, N. N., Seleshi, E., Moore, P. J., & Cyr-Provost, M. (1991). Anger and hostility in tension-type headache. *Headache: The Journal of Head and Face Pain*, 31(5), 302–4.
- Sprouse-Blum, A. S., Gabriel, A. K., Brown, J. P., & Yee, M. H.

- (2013). Randomized controlled trial: Targeted neck cooling in the treatment of the migraine patient. *Hawaii Journal of Medicine & Public Health*, 72(7), 237–41.
- Hsu, Y. Y., Chen, C. J., Wu, S. H., & Chen, K. H. (2023). Cold intervention for relieving migraine symptoms: A systematic review and meta-analysis. *Journal of Clinical Nursing*, 32(11–12), 2455–65.
- Horesh, N., Zalsman, G., & Apter, A. (2000). Internalized anger, self-control, and mastery experience in inpatient anorexic adolescents. *Journal of Psychosomatic Research*, 49(4), 247–53.
- Cludius, B., Schmidt, A. F., Moritz, S., Banse, R., & Jelinek, L. (2017). Implicit aggressiveness in patients with obsessive-compulsive disorder as assessed by an Implicit Association Test. *Journal of Behavior Therapy and Experimental Psychiatry*, 55, 106–12.
- Radomsky, A. S., Ashbaugh, A. R., & Gelfand, L. A. (2007). Relationships between anger, symptoms, and cognitive factors in OCD checkers. *Behaviour Research and Therapy*, 45(11), 2712–25.

HOOFDSTUK 5: HET KLEINE MEISJE

- Pownall, M., & Heflick, N. (2023). Mr. Active and Little Miss Passive? The transmission and existence of gender stereotypes in children's books. *Sex Roles*, 89(11), 758–73.
- Lewis, M., Cooper Borkenhagen, M., Converse, E., Lupyan, G., & Seidenberg, M. S. (2022). What might books be teaching young children about gender? *Psychological Science*, 33(1), 33–47.
- James, W. (1892). 'The stream of consciousness.' In: *Psychology*,

- Chapter XI. Cleveland & New York, World.
- Barreto, M., & Doyle, D. M. (2023). Benevolent and hostile sexism in a shifting global context. *Nature Reviews Psychology*, 2(2), 98–111.
- Gunderson, E. A., Gripshover, S. J., Romero, C., Dweck, C. S., Goldin-Meadow, S., & Levine, S. C. (2013). Parent praise to 1-to 3-year-olds predicts children's motivational frameworks 5 years later. *Child Development*, 84(5), 1526–41.
- International Labour Organization (feb. 2022). The gender gap in employment: What's holding women back? *InfoStories*. Via <https://www.ilo.org/infostories/en-GB/Stories/Employment/barriers-women#intro>.
- Papayannis, A. (7 jan. 2022). Women are taught to be nice. Here's what happened when I stopped. *HuffPost*. Via https://www.huffpost.com/entry/women-socialized-to-be-nice_n_61d-7612be4bo4b42ab7d7196.
- Bouchrika, I. (8 feb. 2024). Social learning theory & its modern application in education in 2024. *Research.com*. Via <https://research.com/education/social-learning-theory>.
- Shukla, A. (4 dec. 2021). Why did humans evolve pattern recognition abilities? *Cognition Today*. Via <https://cognitiontoday.com/why-did-humans-evolve-pattern-recognition-abilities/>.
- Gov.uk (27 jul. 2023). Childcare and early years survey of parents. Via <https://explore-education-statistics.service.gov.uk/find-statistics/childcare-andearly-years-survey-of-parents>.
- Guzman, G., & Kollar, M. (12 sep. 2023). Income in the United States: 2022. United States Census Bureau. Via <https://www.census.gov/library/publications/2023/demo/p60-279.html#:~:text=In%202022%2C%2065.6%20percent%20of,percent%20between%202021%20and%202022>.

- Saner, E. (15 aug. 2022). ‘The woman’s to-do list is relentless’: How to achieve an equal split of household chores. *Guardian*. Via <https://www.theguardian.com/money/2022/aug/15/how-to-achieve-an-equal-split-ofhousehold-chores-kate-mangino>.
- Picchi, A. (13 apr. 2023). Even ‘breadwinner’ wives do more housework than husbands. *CBS News*. Via <https://www.cbsnews.com/news/women-breadwinnerstripled-since-1970s-still-doing-more-unpaid-work/>.
- Skipper, Y., & Fox, C. (2022). Boys will be boys: Young people’s perceptions and experiences of gender within education. *Pastoral Care in Education*, 40(4), 391–409.
- Rushton, S. (2011). Neuroscience, early childhood education and play: We are doing it right! *Early Childhood Education Journal*, 39, 89–94.
- Sears, B. (n.d.). 12 signs your baby is high need. Askdrsears.com. Via <https://www.askdrsears.com/topics/health-concerns/fussy-baby/high-needbaby/12-features-high-need-baby/>.
- Diniz, C. R. A. F., & Crestani, A. P. (2023). The times they are a-changin’: A proposal on how brain flexibility goes beyond the obvious to include the concepts of ‘upward’ and ‘downward’ to neuroplasticity. *Molecular Psychiatry*, 28(3), 977–92.
- Ferguson, T. J., Stegge, H., Miller, E. R., & Olsen, M. E. (1999). Guilt, shame, and symptoms in children. *Developmental Psychology*, 35(2), 347–57.

HOOFDSTUK 6: DE PRILLE TIENER

- Crofton Winsor, S. (2009). Sugar and spice: The hidden world of pre-adolescent female aggression. Smith College. Via <https://scholarworks.smith.edu/cgi/viewcontent.cgi?article=1524&context=theses>.

- Moretti, M. M., Catchpole, R. E., & Odgers, C. (2005). The dark side of girlhood: Recent trends, risk factors and trajectories to aggression and violence. *The Canadian Child and Adolescent Psychiatry Review*, 14(1), 21–5.
- Kågesten, A., Gibbs, S., Blum, R. W., Moreau, C., Chandra-Mouli, V., Herbert, A., & Amin, A. (2016). Understanding factors that shape gender attitudes in early adolescence globally: A mixed-methods systematic review. *PloS One*, 11(6), e0157805.
- Acas (15 mar. 2021). Sexual harassment: What sexual harassment is. Via <https://www.acas.org.uk/sexual-harassment>.
- Marks, G. (20 feb. 2020). Employers can't forbid romance in the workplace – but they can protect workers. *Guardian*. Via <https://www.theguardian.com/business/2020/feb/20/workplace-romances-metoo-rules-protection>.
- Ofcom (29 mar. 2023). Children and parents: Media use and attitudes 2023. Via https://www.ofcom.org.uk/__data/assets/pdf_file/0027/255852/childrens-media-use-and-attitudes-report-2023.pdf.
- Abrams, Z. (3 aug. 2023). Why young brains are especially vulnerable to social media. *American Psychological Association*. Via <https://www.apa.org/news/apa/2022/social-media-children-teens>.
- Velding, V. (1 jan. 2015). Growing up tween: Femininity, masculinity, and coming of age. Wayne State University. Via https://digitalcommons.wayne.edu/cgi/viewcontent.cgi?article=2352&context=oa_dissertations.
- Määttä, K., & Uusiautti, S. (2020). Nine contradictory observations about girls' and boys' upbringing and education - the strength-based approach as the way to eliminate the gender gap. *Frontiers in Education*, 5, 134.

- Young, R., Van Beinum, M., Sweeting, H., & West, P. (2007). Young people who self-harm. *The British Journal of Psychiatry*, 191(1), 44–9.

HOOFDSTUK 7: HET TIENERMEISJE

- Bentivegna, F., & Patalay, P. (2022). The impact of sexual violence in midadolescence on mental health: A UK population-based longitudinal study. *The Lancet Psychiatry*, 9(11), 874–83.
- Murphy-Oikonen, J., McQueen, K., Miller, A., Chambers, L., & Hiebert, A. (2022). Unfounded sexual assault: Women's experiences of not being believed by the police. *Journal of Interpersonal Violence*, 37(11–12), NP8916–40.
- Halffield, C. (apr. 2017). 'She brought it on herself': A discourse analysis of sexual assault in teen comedy film. DePauw University. Via <https://core.ac.uk/download/pdf/214031367.pdf>.
- Robbins, A. (7 mar. 2023). Stop normalizing sexual assault in teen movies. Odyssey. Via <https://www.theodysseyonline.com/stop-normalizingsexual-assault-movies>.
- Klass, P. (13 jan. 2020). When heavy periods disrupt a teenager's life. *New York Times*. Via <https://www.nytimes.com/2020/01/13/well/family/teenagers-heavy-periods-menstrual-cycle-menstruation.html>.
- Department of Psychiatry (1 jul. 2019). Self-harm in children and adolescents: A major health and social problem of our time. University of Oxford. Via <https://www.psych.ox.ac.uk/news/self-harm-in-children-and-adolescents-a-major-health-and-social-problem-of-our-time>.
- Pataki, T. (2014). *Wish-fulfilment in Philosophy and Psychoanalysis: The tyranny of desire*. Routledge.

- Friedersdorf, C. (21 feb. 2023). Adults are letting teen girls down. *The Atlantic*. Via <https://www.theatlantic.com/newsletters/archive/2023/02/adultsare-letting-teen-girls-down/673144/>.
- Streep, P. (2 feb. 2015). 8 toxic patterns in mother–daughter relationships. *Psychology Today*. Via <https://www.psychologytoday.com/gb/blog/techsupport/201502/8-toxic-patterns-in-mother-daughter-relationships>.
- National Institute of Mental Health (2023). The teen brain: 7 things to know. Via <https://www.nimh.nih.gov/health/publications/the-teen-brain-7-things-to-know#:~:text=The%20brain%20finishes%20developing%20and,prioritizing%2C%20and%20making%20good%20decisions>.
- Edwards, S. (9 aug. 2010). Deciphering the teenage brain. Harvard Medical School. Via <https://hms.harvard.edu/news/deciphering-teenage-brain>.

HOOFDSTUK 8: DE JONGE VROUW

- Somerville, L. (2016) Searching for Signatures of Brain Maturity: What Are We Searching For? *Neuron* (92) 6 pp. 1164-1167
- Carnegie, M. (20 jul. 2023). Breaking the office bias: Smashing the workplace stereotypes holding women back. *The Independent*. Via <https://www.independent.co.uk/life-style/galaxy-the-ripple-effect/breaking-bias-workplacestereotypes-b2366688.html>.
- TUC (12 mei 2023). New TUC poll: 2 in 3 young women have experienced sexual harassment, bullying or verbal abuse at work. Via <https://www.tuc.org.uk/news/new-tuc-poll-2-3-young-women-have-experienced-sexualharassment-bullying-or-verbal-abuse-work>.
- Powell, K., & Heath, L. (4 sep. 2023). Beating the business ‘boys

- club': Why there is still so much to be done. Maddyness. Via <https://www.maddyness.com/uk/2023/09/04/beating-the-business-boys-club-why-there-is-stillso-much-to-be-done/>.
- Agarwal, S., Prasad, R., Mantri, S., Chandrakar, R., Gupta, S., Babulkar, V., ... & Wanjari, M. B. (2023). A comprehensive review of intimate partner violence during pregnancy and its adverse effects on maternal and fetal health. *The Cureus Journal of Medical Science*, 15(5), e39262.
- Fedoroff, J. P. (2008). Sadism, sadomasochism, sex, and violence. *The Canadian Journal of Psychiatry*, 53(10), 637–46.
- Johnson, J. L. (3 jan. 2023). The complex science behind itch in atopic dermatitis. National Eczema Association. Via <https://nationaleczema.org/blog/science-of-itch/#:-:text=Experiencing%20itch%20causes%20the%20desire,of%20pleasure%20associated%20with%20scratching>.
- Abrams, A. (23 feb. 2020). The power and shame of women's anger. *Psychology Today*. Via <https://www.psychologytoday.com/gb/blog/nurturing-selfcompassion/202002/the-power-and-shame-women-s-anger>.
- Carrazana, C. (27 apr. 2023). The 'open secret' in most workplaces: Discrimination against moms is still rampant. *The 19th*. Via <https://19thnews.org/2023/04/workplace-discrimination-mothers-open-secret/>.
- Save the Children (n.d.). Gender roles can create lifelong cycle of inequality. Via <https://www.savethechildren.org/us/charity-stories/how-gendernorms-impact-boys-and-girls>.
- Health and Social Care Services Research (23 nov. 2022). Women's health: Why do women feel unheard? National Institute for Health and Care Research. Via <https://evidence.nihr.ac.uk/collection/womens-health-whywomen-feel-unheard/>.

- Britton, A. (29 okt. 2017). Anti-abortion charity to receive money from tampon tax. *The Independent*. Via <https://www.independent.co.uk/news/uk/politics/tampon-tax-anti-abortion-group-towels-a8025851.html>.
- The Menopause Charity (n.d.). How to ask your GP for help. Via <https://www.themenopausecharity.org/wp-content/uploads/2021/05/How-to-ask-your-GP-for-help-rev.pdf>
- Hayes, J. A. & Temple-Smith, M. J. (2022). New Context, New Content: Rethinking Genital Anatomy in Textbooks in Anatomical Sciences Education, Volume 15, Issue 5 pp. 943-956
- Jain, P., & Bruzek, L. (10 jun. 2022). In a world built for men, we don't know much about women's bodies. *Fortune*. Via <https://fortune.com/2022/06/10/world-built-for-men-women-bodies-gender-gap-health-researchmedicine-care-jain-bruzek/>.
- Newcastle University (10 jan. 2022). Breakthrough into the cause of male infertility. Via <https://www.ncl.ac.uk/press/articles/archive/2022/01/maleinfertilitystudy/#:-:text=It%20is%20estimated%20that%20up,cases%2C%20the%20cause%20is%20unexplained>.
- Wighton, K. (4 jan. 2019). Recurrent miscarriage linked to faulty sperm. Imperial College London. Via <https://www.imperial.ac.uk/news/189690/recurrent-miscarriage-linked-faulty-sperm/>.
- Alahmar, A. T., Singh, R., & Palani, A. (2022). Sperm DNA fragmentation in reproductive medicine: A review. *Journal of Human Reproductive Sciences*, 15(3), 206–18.
- Bello, C. (10 jun. 2023). Fertility is not just a ‘women’s problem’ but a fifth of men think it is, a new study finds. *Euronews*. Via <https://www.euronews.com/health/2023/06/10/fertility-is-not-just-a-womens-problem-yet-a-fifth-of-men-think-it-is-study-finds>.

- Bueno, J. (22 jun. 2019). Why do women blame themselves after miscarriage? *Psychology Today*. Via <https://www.psychologytoday.com/gb/blog/the-brink-being/201906/why-do-women-blame-themselves-after-miscarriage>.
- Hanna, S. D., Kim, K. T., Lindamood, S., & Lee, S. T. (2021). Husbands, wives, and financial knowledge in wealthy households. *Financial Planning Review*, 4(1), e1110.
- Domestic Abuse Intervention Programs (n.d.). Wheel information center. Via <https://www.theduluthmodel.org/wheels/>.
- Hopkins Leisher, S. (4 nov. 2020). Stillbirth leaves millions suffering in silence – we must do more to prevent it and end the stigma. *Telegraph*. Via https://www.telegraph.co.uk/globalhealth/women-and-girls/stillbirth-leaves-millions-suffering-silence-must-do-prevent/?WT_mc_id=tmgoff_psc_ppc_performancemax_dynamiclandingpages&gclid=CjwKCAjwvfm0BhAwEiwAG2tq-zHjO8u4_VAlOyxybGxcaroty6dHW-lXwcfp2uCxqYltzFS_wVxrykRoCXoUQAvD_BwE.
- Kelley, M. C., & Trinidad, S. B. (2012). Silent loss and the clinical encounter: Parents' and physicians' experiences of stillbirth – a qualitative analysis. *BMC Pregnancy and Childbirth*, 12, 137.
- Royal College of Obstetricians & Gynaecologists (feb. 2019). When your baby dies before birth. Via <https://www.rcog.org.uk/for-the-public/browse-your-patient-information/when-your-baby-dies-before-birth/>.
- Cena, L., & Stefana, A. (2020). Psychoanalytic perspectives on the psychological effects of stillbirth on parents: A protocol for systematic review and qualitative synthesis. *Frontiers in Psychology*, 11, 1216.

- Leonard, J. (17 jun. 2021). Gender bias in medical diagnosis. *Medical News Today*. Via <https://www.medicalnewstoday.com/articles/gender-bias-in-medical-diagnosis#what-are-the-causes>.
- Bird, C. (11 feb. 2022). Underfunding of research in women's health issues is the biggest missed opportunity in health care. RAND. Via <https://www.rand.org/pubs/commentary/2022/02/underfunding-of-research-in-womenshealth-is-issues-is.html>.
- Winchester, N. (1 jul. 2021). Women's health outcomes: Is there a gender gap? House of Lords Library. Via <https://lordslibrary.parliament.uk/womens-health-outcomes-is-there-a-gender-gap/>.
- NHS (8 apr. 2021). Where to give birth: The options. Via <https://www.nhs.uk/pregnancy/labour-and-birth/preparing-for-the-birth/where-to-givebirth-the-options/>.
- Baby Loss and Maternity All Party Parliamentary Groups (okt. 2022). Safe staffing: The impact of staffing shortages in maternity and neonatal care. Sands. Via [https://www.sands.org.uk/sites/default/files/Staffing%20shortages%20-%20APPG%20report,%20Oct%202022%20\(final\).pdf](https://www.sands.org.uk/sites/default/files/Staffing%20shortages%20-%20APPG%20report,%20Oct%202022%20(final).pdf).
- Linton, D. (14 feb. 2022). 'The maternity ward felt dangerous – we were so shortstaffed I had to work after my miscarriage.' *Telegraph*. Via <https://www.telegraph.co.uk/health-fitness/body/maternity-ward-felt-dangerous-shortstaffed-had-work-miscarriage/>.
- Graham, S. (16 mar. 2021). Women are still branded 'hysterical' because of chronic illnesses which are under-researched and under-funded. *inews*. Via <https://inews.co.uk/opinion/chronic-illness-women-me-fibromyalgia-research-treat>

- ment-905879.
- Onarheim, K. H., Iversen, J. H., & Bloom, D. E. (2016). Economic benefits of investing in women's health: A systematic review. *PloS One*, 11(3), e0150120.
- Wellbeing of Women (15 nov. 2022). Over half of UK women feel their pain is ignored or dismissed, new report shows. Via <https://www.wellbeingofwomen.org.uk/news/over-half-of-uk-women-feel-their-pain-is-ignored-or-dismissed-new-report-shows/>.
- Northwell Health (n.d.). Gaslighting in women's health: No, it's not just in your head. Via <https://www.northwell.edu/katz-institute-for-womenshealth/articles/gaslighting-in-womens-health>.
- Home Affairs Committee (12 apr. 2022). Investigation and prosecution of rape – Report summary. UK Parliament. Via <https://publications.parliament.uk/pa/cm5802/cmselect/cmhaff/193/summary.html>
- Mahdawi, A. (2 okt. 2021). The US criminal justice system is failing sexual assault survivors. It needs a feminist overhaul. *Guardian*. Via <https://www.theguardian.com/commentis-free/2021/oct/02/us-criminal-justice-system-failingsexual-assault-survivors-feminist-overhaul>.
- Bhatia, S. (13 dec. 2021). 'What were you wearing?' – How the criminal justice system is failing to deliver access to justice for women who are victims of sexual assault and rape. The official blog of the UCL Centre for Access to Justice and Student Pro Bono Committee. Via <https://reflect.ucl.ac.uk/access-tojustice/2021/12/13/what-were-you-wearing-how-the-criminal-justice-system-is-failing-to-deliver-access-to-justice-for-women-who-are-victims-of-sexual-assault-and-rape/>.

Rape Crisis England & Wales (5 okt. 2022). Our comment on granting suspects anonymity. Via <https://rapecrisis.org.uk/news/our-comment-on-granting-suspects-anonymity/>.

HOOFDSTUK 9: DE VOLWASSEN VROUW

Dunn, J. (17 mei 2023). What to do about uninvolved grandparents. Parents.com. Via <https://www.parents.com/parenting/dynamics/grandparents/uninvolved-grandparents/>.

Anon. (2 jan. 2023). My parents are too busy to be grandparents. *Telegraph*. Via https://www.telegraph.co.uk/family/parenting/parents-busygrandparents/?WT.mc_id=tmgoff_psc_ppc_performancemax_dynamiclandingpages&gclid=CjwKCAjw-Kip-BhBtEiwAWjgwrKpLDgHcvMSDbzxGrJ5tO-PbBXb62rW-CZzwrOff8n5kj7a9Diso9ghoClxMQAvD_BwE.

Guardian (19 aug. 2017). A letter to ... my in-laws, who are apathetic grandparents. Via <https://www.theguardian.com/lifeand-style/2017/aug/19/a-letter-to-my-in-laws-who-are-apathetic-grandparents>.

Ou, C. H., Hall, W. A., Rodney, P., & Stremler, R. (2022). Seeing red: A grounded theory study of women's anger after child-birth. *Qualitative Health Research*, 32(12), 1780–94.

Alhosseiny, H. (2023). Glass-ceiling: The never-ending anguish of working women. *Journal of Entrepreneurship Education*, 26(S3), 1–12.

Thomas, S. P. (2005). Women's anger, aggression, and violence. *Health Care for Women International*, 26(6), 504–22.

Duarte-Guterman, P., Leuner, B., & Galea, L. A. (2019). The long and short term effects of motherhood on the brain. *Frontiers in Neuroendocrinology*, 53, 100740.

- Reich-Stiebert, N., Froehlich, L., & Voltmer, J. B. (2023). Gendered mental labor: A systematic literature review on the cognitive dimension of unpaid work within the household and childcare. *Sex Roles*, 88(11), 475–94.
- Artz, B., Kaya, I., & Kaya, O. (2022). Gender role perspectives and job burnout. *Review of Economics of the Household*, 20(2), 447–70.
- PsychDB* (27 jan. 2024). Biopsychosocial model and case formulation. Via <https://www.psychdb.com/teaching/biopsychosocial-case-formulation>.
- Regus, P. (3 aug. 2007). The emerging medicalization of postpartum depression: Tightening the boundaries of motherhood. Georgia State University. Via https://scholarworks.gsu.edu/cgi/viewcontent.cgi?article=1015&context=sociology_theses.
- Cho, H., Lee, K., Choi, E., Cho, H. N., Park, B., Suh, M., ... & Choi, K. S. (2022). Association between social support and postpartum depression. *Scientific Reports*, 12(1), 3128.
- NCT (jul. 2022). Traumatic birth and post-traumatic stress disorder. Via [https://www.nct.org.uk/labour-birth/you-after-birth/traumatic-birth-andpost-traumatic-stress-disorder](https://www.nct.org.uk/labour-birth/you-after-birth/traumatic-birth-and-post-traumatic-stress-disorder).
- Beck, C. T., Watson, S., & Gable, R. K. (2018). Traumatic child-birth and its aftermath: Is there anything positive? *The Journal of Perinatal Education*, 27(3), 175–84.
- Thombs, B. D., Levis, B., Lyubenova, A., Neupane, D., Negeri, Z., Wu, Y., ... & Benedetti, A. (2020). Overestimation of post-partum depression prevalence based on a 5-item version of the EPDS: Systematic review and individual participant data meta-analysis. *The Canadian Journal of Psychiatry*, 65(12), 835–44.
- UCL (11 mei 2021). New mothers twice as likely to have post-natal depression in lockdown. Via <https://www.ucl.ac.uk/news/2021>

may/new-motherstwice-likely-have-post-natal-depression-lock-down.

The Economist (15 dec. 2018). Why so little is done to help new mums cope. Via https://www.economist.com/international/2018/12/15/why-so-little-is-done-to-help-new-mums-cope?utm_medium=cpc.adword.pd&utm_source=google&ppccampaignID=18156330227&ppcadID=&utm_campaign=a.22brand_pmax&utm_content=conversion.directresponse.anonymous&gclid=CjoKCQjwpompBhDZARIaFD_Fp8L-Qit21t55AAjfv14Vn6NO8nlAdmYAGuuvJyCUNuNojno-7aD5OFz8aAg8hEALw_wcB&gclsrc=aw.ds.

Almond, D., Cheng, Y., & Machado, C. (2023). Large motherhood penalties in US administrative microdata. *Proceedings of the National Academy of Sciences*, 120(29), e2209740120.

Keynes, S. (8 sep. 2023). Motherhood is full of surprises – the economic ones sting the most. Financial Times. Via <https://www.ft.com/content/8fcb72d2-d36f-4c60-8a2a-c97d76773bbb>.

Schneebaum, A., & Badgett, M. L. (2019). Poverty in US lesbian and gay couple households. *Feminist Economics*, 25(1), 1–30.

Zandri, P. (15 aug. 2023). Are women financially worse off than men after divorce? LinkedIn. Via <https://www.linkedin.com/pulse/womenfinancially-worse-off-than-men-after-divorce-paige-zandri/>.

Office for National Statistics (27 jan. 2022). Childbearing for women born in different years, England and Wales: 2020. Via <https://www.ons.gov.uk/peoplepopulationandcommunity/birthsdeathsandmarriages/conceptionandfertilityrates/bulletins/childbearingforwomenbornindifferentyearsenglandandwales/2020>.

Billotte Verhoff, C., Hosek, A. M., & Cherry, J. (2023). 'A fire in

- my belly:’ Conceptualizing US women’s experiences of ‘mom rage’. *Sex Roles*, 88(11–12), 495–513.
- Meeussen, L., & Van Laar, C. (2018). Feeling pressure to be a perfect mother relates to parental burnout and career ambitions. *Frontiers in Psychology*, 9, 342086.
- Cramer, K. M., & Pawsey, H. (2023). Happiness and sense of community belonging in the world value survey. *Current Research in Ecological and Social Psychology*, 4, 100101.
- Parker, G., Durante, K. M., Hill, S. E., & Haselton, M. G. (2022). Why women choose divorce: An evolutionary perspective. *Current Opinion in Psychology*, 43, 300–6.
- American Sociological Association* (22 aug. 2015). Women more likely than men to initiate divorces, but not non-marital breakups. Via <https://www.asanet.org/women-more-likely-men-initiate-divorces-not-non-marital-breakups/>.
- Niedźwieńska, A., & Zielińska, M. (2021). Gender differences in remembering about things to do depend on partnership status. *Sex Roles*, 84(3), 139–51.
- Buckley, U., & Shivkumar, K. (2016). Stress-induced cardiac arrhythmias: The heart–brain interaction. *Trends in Cardiovascular Medicine*, 26(1), 78–80.
- Monbiot, G. (16 jan. 2019). The fear that lies behind aggressive masculinity. *Guardian*. Via <https://www.theguardian.com/commentisfree/2019/jan/16/men-masculinity-gillette-advertisement>.
- Galvez-Sánchez, C. M., Reyes del Paso, G. A., Duschek, S., & Montoro, C. I. (2022). The link between fibromyalgia syndrome and anger: A systematic review revealing research gaps. *Journal of Clinical Medicine*, 11(3), 844.
- Kiner, M. (14 apr. 2020). It’s time to break the cycle of female

- rivalry. *Harvard Business Review*. Via <https://hbr.org/2020/04/its-time-to-break-the-cycle-of-female-rivalry>.
- Chan, W. F., Gurnot, C., Montine, T. J., Sonnen, J. A., Guthrie, K. A., & Nelson, J. L. (2012). Male microchimerism in the human female brain. *PLoS One*, 7(9), e45592.
- Relton, C. L. (2014). What is it about boys? *International Journal of Epidemiology*, 43(1), 5–7.
- Jarvis, D. (19 mei 2023). Employers must stop penalising women for having children. *New Statesman*. Via <https://www.newstatesman.com/spotlight/economic-growth/cost-of-living-crisis/2023/05/employers-penalising-women-children-pregnancy-redundancy-bill>.
- Appleton, J. (2018). The gut–brain axis: Influence of microbiota on mood and mental health. *Integrative Medicine: A Clinician's Journal*, 17(4), 28–32.
- Morgan, K. (22 jun. 2023) Why many women prioritise their partners' jobs. *BBC Worklife*. Via <https://www.bbc.com/work-life/article/20230620-why-many-women-prioritise-their-partners-jobs>.
- UN Women (n.d.). FAQs: Types of violence against women and girls. Via <https://www.unwomen.org/en/what-we-do/ending-violence-against-women/faqs/types-of-violence>.
- United Nations (n.d.). UNODC Research: 2020 saw a woman or girl being killed by someone in their family every 11 minutes. Via https://www.unodc.org/unodc/frontpage/2021/November/unodc-research_-2020-saw-every-11-minutes-a-woman-or-girl-being-killed-by-someone-in-their-family.html.
- European Institute for Gender Equality (21 nov. 2017). Gender Equality Index 2017: We cannot be silent about violence. Via <https://eige.europa.eu/news/gender-equality-in>

- dex-2017-we-cannot-be-silent-about-violence.
- Pappas, S. (2019). APA issues first-ever guidelines for practice with men and boys. *American Psychological Association*. Via <https://www.apa.org/monitor/2019/01/ce-corner>.
- Cramer, M. (9 maart 2022). Scotland apologizes for history of witchcraft persecution. *New York Times*. Via <https://www.nytimes.com/2022/03/09/world/europe/scotland-nicola-sturgeon-apologizes-witches.html#:~:text=Nicola%20Sturgeon%20the%20first%20minister,the%2016th%20and%2018th%20centuries>.
- Chapman, B. P., Fiscella, K., Kawachi, I., Duberstein, P., & Muennig, P. (2013). Emotion suppression and mortality risk over a 12-year follow-up. *Journal of Psychosomatic Research*, 75(4), 178.
- Korte, S. M., Koolhaas, J. M., Wingfield, J. C., & McEwen, B. S. (2005). The Darwinian concept of stress: Benefits of allostasis and costs of allostatic load and the trade-offs in health and disease. *Neuroscience & Biobehavioral Reviews*, 29(1), 3–38.
- Topping, A. (26 apr. 2021). Shared parental leave: Scrap ‘deeply flawed’ policy, say campaigners. *Guardian*. Via <https://www.theguardian.com/money/2021/apr/26/shared-parental-leave-scrap-deeply-flawed-policy-say-campaigners>.

HOOFDSTUK 10: DE VROUW IN DE MENOPAUZE

- Wichert, I. (2011). *Where Have All The Senior Women Gone?* Palgrave Macmillan.
- Bamford, A. (8 maart 2023). ‘Where have the women gone?’: Exploring industry equality. *Design Week*. Via <https://www.designweek.co.uk/issues/6-march-10-march-2023/internatio>

- nal-womens-day-exploring-industry-equality/.
- Women and Equalities Committee (28 jul. 2022). Menopause and the workplace. UK Parliament. Via <https://publications.parliament.uk/pa/cm5803/cmselect/cmwomeq/91/report.html>.
- Treasury Committee (22 maart 2010). Women in the City – Tenth report. House of Commons. Via <https://publications.parliament.uk/pa/cm200910/cmselect/cmtreasy/482/48202.htm>.
- Ellemers, N., Van den Heuvel, H., De Gilder, D., Maass, A., & Bonvini, A. (2004). The underrepresentation of women in science: Differential commitment or the queen bee syndrome? *British Journal of Social Psychology*, 43(3), 315–38.
- Elsesser, K. (31 aug. 2020). Queen bees still exist, but it's not the women we need to fix. *Forbes*. Via <https://www.forbes.com/sites/kimelsesser/2020/08/31/queen-bees-still-exist-but-its-not-the-women-we-need-tofix/?sh=1358767e6ffd>.
- Sinha, R., & Singh, S. K. (2020). Migrated intrauterine contraceptive device into urinary bladder and peritoneal cavity: A friend turned foe if forgotten. *International Journal of Clinical Obstetrics and Gynaecology*, 4(2A), 29–31.
- UN Women (feb. 2024). Facts and figures: Economic empowerment. Via <https://www.unwomen.org/en/what-we-do/economic-empowerment/factsand-figures>.
- Lanzola, E. L., & Ketvertis, K. (2022). Intrauterine device. Stat-Pearls [internet]. Via <https://www.ncbi.nlm.nih.gov/books/NBK557403/>
- balance by Newson Health (13 okt. 2021). My doctor won't budge! – Shared decision making with your healthcare professional. Via <https://www.balance-menopause.com/>

- menopause-library/my-doctor-wont-budge-shareddecision-making-with-your-healthcare-professional/
- Hui, C. K. (2014). Recurrent extended-spectrum beta-lactamase-producing *Escherichia coli* urinary tract infection due to an infected intrauterine device. *Singapore Medical Journal*, 55(2), e28–30.
- <https://thebms.org.uk/wp-content/uploads/2022/01/HRT-Equivalentpreparations-7th-January-22.pdf>
- Ro, C. (19 jan. 2021). Why do we still distrust women leaders? *BBC Worklife*. Via <https://www.bbc.com/worklife/article/20210108-why-do-we-still-distrust-women-leaders>.
- Ade, Y. (31 jan. 2022). Genuine reasons why some women don't want female bosses. *Medium*. Via [https://aninjusticemag.com/genuine-reasons-why-some-women-don't-want-female-bosses-df9524058c](https://aninjusticemag.com/genuine-reasons-why-some-women-don-t-want-female-bosses-df9524058c).
- Cosmopolitan* (6 maart 2014). Why are we so hard on women bosses? Via <https://www.cosmopolitan.com/career/advice/a5872/women-bosses/>.
- Pederson, T. Intermittent explosive disorder: Anger disorder linked to inflammation. Geraadpleegd december 11, 2017.
- Zhao, H., Wu, L., Yan, G., Chen, Y., Zhou, M., Wu, Y., & Li, Y. (2021). Inflammation and tumor progression: Signaling pathways and targeted intervention. *Signal Transduction and Targeted Therapy*, 6(1), 263.
- National Cancer Institute (29 apr. 2015). Chronic inflammation. Via <https://www.cancer.gov/about-cancer/causes-prevention/risk/chronic-inflammation>.
- Thomas, S. P., Groer, M., Davis, M., Droppleman, P., Mozingo, J., & Pierce, M. (2000). Anger and cancer: An analysis of the linkages. *Journal of Cancer Nursing*, 23(5), 344–9.

- Schächtle, M. A., & Rosshart, S. P. (2021). The microbiota-gut-brain axis in health and disease and its implications for translational research. *Frontiers in Cellular Neuroscience*, 15, 698172.
- Saghir, Z., Syeda, J. N., Muhammad, A. S., Abdalla, T. H. B., & Abdalla, T. H. B. (2018). The amygdala, sleep debt, sleep deprivation, and the emotion of anger: A possible connection? *The Cureus Journal of Medical Science*, 10(7).
- Viotti, S., Guidetti, G., Sottimano, I., Travierso, L., Martini, M., & Converso, D. (2021). Do menopausal symptoms affect the relationship between job demands, work ability, and exhaustion? Testing a moderated mediation model in a sample of Italian administrative employees. *International Journal of Environmental Research and Public Health*, 18(19), 10029.
- Olsen, E. J. (28 nov. 2018). Lack of sleep: Can it make you sick? Mayo Clinic. Via <https://www.mayoclinic.org/diseases-conditions/insomnia/expertanswers/lack-of-sleep/faq-20057757#:~:text=Certain%20cytokines%20need%20to%20increase,don%27t%20get%20enough%20sleep>.
- D'Acquisto, F. (2017). Affective immunology: Where emotions and the immune response converge. *Dialogues in Clinical Neuroscience*, 19(1), 9–19.
- British Menopause Society (2022). NICE: Menopause, diagnosis and management – from guideline to practice. Via <https://thebms.org.uk/wp-content/uploads/2022/12/09-BMS-TfC-NICE-Menopause-Diagnosis-and-Managementfrom-Guide-line-to-Practice-Guideline-Summary-NOV2022-A.pdf>.
- Mau, M., Aaby, A., Klausen, S. H., & Roessler, K. K. (2021). Are long-distance walks therapeutic? A systematic scoping review of the conceptualization of long-distance walking and its rela-

- tion to mental health. *International Journal of Environmental Research and Public Health*, 18(15), 7741.
- Diamond, M. (2016). The physical and mental health benefits of walking. Imperial Health + Wellbeing. Via <https://www.imperialhealthatwork.co.uk/blog/2016/1/27/the-physical-and-mental-healthbenefits-of-walking#:~:text=The%20natural%2C%20rhythmic%2C%20side%2D,healing%20from%20issues%20such%20as>.
- Sudimac, S., Sale, V., & Kühn, S. (2022). How nature nurtures: Amygdala activity decreases as the result of a one-hour walk in nature. *Molecular Psychiatry*, 27(11), 4446–52.

HOOFDSTUK 11: DE OUDERE VROUW

- United Nations (2013). Neglect, abuse and violence against older women. Via <https://www.un.org/esa/socdev/documents/ageing/neglect-abuseviolence-older-women.pdf>.
- Centre for Ageing Better (26 nov. 2020). Later life prospects for women much worse than for men, report warns. Via <https://ageing-better.org.uk/news/later-life-prospects-women-much-worse-men-report-warns>.
- UK Census 2021. <https://www.ons.gov.uk/peoplepopulation-andcommunity/birthsdeathsandmarriages/ageing/articles/livinglongerhowourpopulationischangingandwhyitmatters/2019-03-15>
- Li, W., Manuel, D. G., Isenberg, S. R., & Tanuseputro, P. (2022). Caring for older men and women: Whose caregivers are more distressed? A population-based retrospective cohort study. *BMC Geriatrics*, 22(1), 890.
- Chrisler, J. C., Barney, A., & Palatino, B. (2016). Ageism can be

- hazardous to women's health: Ageism, sexism, and stereotypes of older women in the healthcare system. *Journal of Social Issues*, 72(1), 86–104.
- https://eige.europa.eu/publications-resources/toolkits-guides/gender-equalityindex-2021-report/gender-and-intersecting-inequalities-access-health?language_content_entity=en
- International Labour Organization (feb. 2022). The gender gap in employment: What's holding women back? InfoStories. Via <https://www.ilo.org/infostories/en-GB/Stories/Employment/barriers-women#intro>.
- Cavalli-Price, J. (2 dec. 2020). The soothing role of music in hospice care. Music in Hospices. Via <https://www.musicinhospices.org.uk/post/thesoothing-role-of-music-in-hospice-care>.
- Room 217 (2020). Guide for using music in hospice palliative care: Music collections and more. Via <https://irp.cdn-website.com/6f97673f/files/uploaded/Guide%20for%20Using%20Music%20in%20HPC%20FINAL.pdf>.
- Gallagher, L. M., Lagman, R., & Rybicki, L. (2018). Outcomes of music therapy interventions on symptom management in palliative medicine patients. *American Journal of Hospice and Palliative Care*, 35(2), 250–7.
- Germano, M. (27 maart 2019). Women are working more than ever, but they still take on most household responsibilities. *Forbes*. Via <https://www.forbes.com/sites/maggiegermano/2019/03/27/women-are-working-more-than-ever-but-they-still-take-on-most-household-responsibilities/?sh=6f34a02852e9>.
- Sullivan, R. M. (2012). The neurobiology of attachment to nurturing and abusive caregivers. *The Hastings Law Journal*, 63(6), 1553–70.

- Coleman, J. (10 jan. 2021). A shift in American family values is fueling estrangement. *The Atlantic*. Via <https://www.theatlantic.com/family/archive/2021/01/why-parents-and-kids-get-estranged/617612/>.
- Scharp, K. M., Thomas, L. J., & Paxman, C. G. (2015). 'It was the straw that broke the camel's back': Exploring the distancing processes communicatively constructed in parent-child estrangement backstories. *Journal of Family Communication*, 15(4), 330–48.
- Hoofdstuk 12: Gooi het eruit**
- Tindle, J., & Tadi, P. (2022). Neuroanatomy, parasympathetic nervous system. StatPearls [internet]. Via <https://www.ncbi.nlm.nih.gov/books/NBK553141/>.
- Porges, S. W. (2022). Polyvagal theory: A science of safety. *Frontiers in Integrative Neuroscience*, 16, 871227.
- Office on Women's Health (17 feb. 2021). Stress and your health. Via <https://www.womenshealth.gov/mental-health/good-mental-health/stress-and-your-health>.
- Sudo, M., & Ando, S. (2020). Effects of acute stretching on cognitive function and mood states of physically inactive young adults. *Perceptual and Motor Skills*, 127(1), 142–53.
- Imagawa, N., Mizuno, Y., Nakata, I., Komoto, N., Sakebayashi, H., Shigetoh, H., ... & Miyazaki, J. (2023). The impact of stretching intensities on neural and autonomic responses: Implications for relaxation. *Sensors*, 23(15), 6890.
- Hamasaki, H. (2020). Effects of diaphragmatic breathing on health: A narrative review. *Medicines*, 7(10), 65.
- Gibson, J. (2019). Mindfulness, interoception, and the body: A contemporary perspective. *Frontiers in Psychology*, 10, 475917.
- Pathways.org (2023). What is proprioception? Understan-

- ding the ‘body awareness’ sense. Via <https://pathways.org/what-is-the-proprioception-sense/>.
- Gazipura, A. (2017). *Not Nice*. B. C. Allen Publishing.
- Reid, R. (2022). *The Power of Rude*. Trapeze.
- Mind (2024). Relaxing and calming exercises. Via <https://www.mind.org.uk/need-urgent-help/what-can-i-do-to-help-myself-cope/relaxing-and-calmingexercises/>.
- Flake Matsoso, A. (8 aug. 2022) Envy, the wall between women. *Public Square Magazine*. Via <https://publicsquaremag.org/dialogue/tolerance/envythe-wall-between-women/>.
- Women’s Aid (2024). Why don’t women leave abusive relationships? Via <https://www.womensaid.org.uk/information-support/what-is-domesticabuse/women-leave/>.
- Schmidt, L. (n.d.). Vulnerability in the workplace: A leadership skill. World of Work Project. Via <https://worldofwork.io/2020/01/vulnerability-inthe-workplace/>.
- Nejatian, M., Alami, A., Momeniyan, V., Delshad Noghabi, A., & Jafari, A. (2021). Investigating the status of marital burnout and related factors in married women referred to health centers. *BMC Women's Health*, 21(25).
- Hurley, A., Novick, J., & Novick, K. K. (1976). Freud’s concept of projection. *Journal of Child Psychotherapy*, 4(2), 75–88.
- Kay, K., & Shipman, C. (mei 2014). The confidence gap. *The Atlantic*. Via <https://www.theatlantic.com/magazine/archive/2014/05/the-confidencegap/359815/>.
- Ananthaswamy, A., & Douglas, K. (18 apr. 2018). The origins of sexism: How men came to rule 12,000 years ago. *New Scientist*. Via <https://www.newscientist.com/article/mg23831740-400-the-origins-of-sexism-how-men-came-to-rule-12000-years-ago/>.
- Prasko, J., Ociskova, M., Vanek, J., Burkauskas, J., Slepecky, M.,

Bite, I., ... & Juskiene, A. (2022). Managing transference and countertransference in cognitive behavioral supervision: Theoretical framework and clinical application. *Psychology Research and Behavior Management*, 15, 2129–55.

TEN SLOTTE: EN NU?

- Barnes, S. B., & Ramanarayanan, D. (apr. 2022). Global health & gender policy brief, no. 1. Wilson Center. Via <https://www.wilsoncenter.org/sites/default/files/media/uploads/documents/The%20Care%20Economy%20-%20MHI%20Policy%20Brief%20Apr%202022.pdf>.
- International Labour Organization (25 jan. 2021). ILO monitor: COVID-19 and the world of work. 7th edition. Via https://www.ilo.org/global/topics/coronavirus/impacts-and-responses/WCMS_767028/lang--en/index.htm.
- Winnicott, D. W. (1973). *The Child, the Family, and the Outside World*. Penguin, 173.
- Zhao, L., Han, G., Zhao, Y., Jin, Y., Ge, T., Yang, W., ... & Li, B. (2020). Gender differences in depression: Evidence from genetics. *Frontiers in Genetics*, 11.